



Dr. Cynthia Jewell Schade (aka Thia Grace)

March 11, 1956 - August 10, 2025

Dr. Cynthia Jewell Schade (aka Thia Grace) -- owner of Active Life Chiropractic Clinic and founder of The Light of South Austin; gifted chiropractor and healer; beloved daughter, sister, cousin, aunt, and friend -- died in the company of her dear friend, Donna Lou Stevens, on the afternoon of August 10, 2025 in a multi-car collision on FM 165, Blanco County, TX. Cynthia's sun rose on March 11, 1956 in San Francisco, CA. A graduate of the Palmer College of Chiropractic in Davenport, Iowa, she began her career in Florida and then moved to Austin, TX, staying in the area from 1991 until her untimely death. She worked with thousands of patients over the 3+ decades she practiced in Austin, mostly under the auspices of Active Life Chiropractic Clinic aka ALCC. She became well-known, well-respected and well-liked as a healer and trustworthy friend; a woman of many passions.

In her personal life, Cynthia enjoyed horseback riding, dogs, nature/parks, opening her home and pool for varied social occasions, live music, traveling, visual art, and any opportunity to converse with others about healthy lifestyle choices [or whatever else of consequence was on their minds & hearts].

A lifelong dedicated healer, Dr. Schade studied many techniques and alternative healing modalities which she integrated into her practice. Patients and friends say she prided herself on customizing her treatments and providing spiritual and emotional, as well as physical healing in various sets of individual circumstances.

Cynthia relentlessly pursued her vision(s) and made a difference in many

people's lives. Her unfinished projects now humbly pass to the hands and inspiration of others. Her giving spirit and integrity cannot be forgotten. She is and will be greatly missed.

She was dedicated to her extended family as well as her profession.

Preceded in death by her parents, Sigmund and Martha Schade (née Currier), she is survived by her sisters, Rebecca di Luce of Austin and Marilyn Musielski of Madison, NJ, as well as two nieces, two nephews, two great nieces and one great nephew, and all those who were touched by her and mourn her passing.

A Celebration of Life has been planned for November 1st, 2025 (All Saints' Day) and is open to all who knew her and wish to honor her in community.

Please email the family via CelebrateCynthia@yahoo.com for further details and to RSVP.

In case you wish to honor her by making a donation appropriate to her, we suggest:

In honor of the generosity of her barn mistress who, with her husband, have volunteered to take care of Cynthia's horse, Isaac, for the rest of his life, Catherine suggests donating to Bluebonnet Equine Humane Society [<https://www.bluebonnetequine.org/donate/>].

In honor of Thia's love for her current dogs, Buddy and Lucy, as well as all the dogs and cats she befriended over the years, donations can be made to any organization that supports animals in need of loving homes.

We look forward to honoring Cynthia with others in community and in the pursuit of our best lives going forward.

May her Positivity, Light & Love reverberate in perpetuity within y'all and this earth we call home.

Tribute Wall



“ 3 files added to the album *Celebration of Cynthia's Life*



Anna Fdd - January 29 at 12:02 PM



“ 36 files added to the album *Celebration of Cynthia's Life*



Anna D Ferrini - January 16 at 03:50 PM



“ *Still miss you, babes!*



crystal - January 01 at 01:33 PM

AN

ME TOOOO.

Anna, niece - January 16 at 02:39 PM

KD

“ I met Thia , to me she was Thia , in chemistry lab when we were attending Palmer College of Chiropractic .. back in 1982. We were assigned to be lab partners and from that moment on my life changed completely . During the last 3 years of college we were always friends . We saw eachother through all kinds of situations and I have too many fond memories to list . We graduated and she went first to Florida and I went to Norway and later Australia . It wasn't until she had been living in Austin that our paths were finally to meet again . She was like a beacon or a lighthouse to me . Always steadfast , always shining in the distance and I knew o could always turn to Thia and it would always feel like coming home . We had been messaging about my coming to visit her at her home in Austin in August . It was August 13 that I got the message .

Kirsten Dwyer - November 24, 2025 at 04:29 PM

AN

Thank you for sharing, Kirsten. ❤️👍

Anna, niece - December 07, 2025 at 12:05 AM

RC

“ It's difficult believing Dr. Schade no longer walks this earth. I know her spirit is forever in a graceful ascension filled with energy and light. My heart goes out to the family as they grieve such a tragic loss. I am not one who believes everything happens for a reason, IT DON'T! I was her patient for 3 years, going 1-2 times every week. She knew every area of my body that needed adjustment. She was an intuitive healer. We formed a very close bond, she introduced me to different modalities focused on my needs. Due to my debilitating condition, I had to seek more aggressive treatment. I'm a big talker, always sharing what was happening in my life. She also knew me to be quite brave, spontaneous, curious and adventurous 😎 She would ask "what kind of shenanigans have you been up to" We shared so many laughs. Besides being an excellent Dr. she was a goddess with a beautiful aura that shined so bright. I'll always remember arriving to the office, being treated so very special. "Shine on You Crazy Diamond" Renee' Carr



Renee Carr - October 18, 2025 at 07:36 PM

A(

Thank you, Renee.

Anna F. (niece) - October 23, 2025 at 11:18 AM

DW

“ Remembering Cynthia as an interesting, loving, inspiring woman. She was very generous to a group of us that would celebrate our friend's birthday at her home and pool. May her family and close friends heal from their great loss remembering the lovely and fun times.

Debra Watson - October 07, 2025 at 06:07 PM

AN

I hope many people can and will remember her unique and generous spirit fondly. ☐

Anna, niece - January 16 at 02:39 PM

KF

“ *I first met Cynthia over 15 years ago when I started dating her nephew, whom is now my husband. Cynthia was a kindred spirit and we had many conversations about healing, spirituality and astrology that I will always hold dear. As a fellow healer, I always admired her passion and dedication to helping people as well as animals. She will be greatly missed by all that knew her though I know she continues to be present. Still together-just different 💜🌀*

Kimberly Ferrini - October 07, 2025 at 12:12 PM

AF



Anna F. - October 07, 2025 at 03:29 PM



“ *I did not know Cynthia for very long, but I knew she was amazing the moment I met her. She made the world such a better place and it is incredibly sad that she was taken from us so soon. I wish everyone she touched peace, and I'm certain that wherever Cynthia is now she is having the same effect on life there as she did in our world.*

Charlotte Andrews - October 06, 2025 at 11:23 AM

PP

“ Cynthia was a light to all those around her.
We were close cousins and grew up with similar interests, horses and dogs, and the country life.
No matter the time spent apart she always asked the right questions about my health and helped me through some difficult times.
I experienced her healing touch many times.
Cynthia is and will be deeply missed by all who knew her. I am deeply convinced we will meet again. 🙏

Patricia purpura - October 02, 2025 at 03:55 PM

AF



Anna F. - October 03, 2025 at 01:08 PM

CP

“ Cynthia was an incredibly generous and caring person. She always offered her home whenever her cousins from all over the country descended on Austin for family celebrations . We had the best times!!

I want to emphasize how caring she was with her patients or anyone who needed the kind of support she offered. I know her patients meant everything to her. No matter what the health issue, she always had a suggestion or product to share.
She is dearly missed by all,

Carole Perry - October 02, 2025 at 03:22 PM

AF



Anna F. - October 02, 2025 at 03:28 PM

CJ

“ Cynthia was a very special person in all kinds of ways. I will always remember fondly the times we spent together at her home. The fascinating variety of guests at these gatherings was always a highlight. I wish I could have known her better.

Chris Jones - October 01, 2025 at 01:51 PM

AF



Anna F. - October 01, 2025 at 06:28 PM

SF

“ Dr Schade gave me my first job as a massage therapist. She was an elder among healers in the area. She treated and influenced many, many people over the years, and we are all feeling the shock of this loss.

Sarah Farwell - October 01, 2025 at 01:36 PM

AF

Thank you, Sister. □ We are indeed.

Anna F. - October 01, 2025 at 06:30 PM